



GCE AS/A level

1331/01

PSYCHOLOGY

UNIT PY1 – APPROACHES IN PSYCHOLOGY

A.M. TUESDAY, 10 January 2012

1¼ hours

ADDITIONAL MATERIALS

In addition to this examination paper, you will need an 8 page answer book.

INSTRUCTIONS TO CANDIDATES

Use black ink or black ball-point pen.

Answer **all** questions.

INFORMATION FOR CANDIDATES

All questions carry equal marks.

You are reminded that assessment will take into account the quality of written communication used in your answers.

*Answer **all** questions.*

1. (a) Outline **two** assumptions of the biological approach. [4]
(b) **Describe** Selye's General Adaptation Syndrome. [8]
2. **Describe** how the behaviourist approach has been applied in **either** aversion therapy **or** systematic desensitisation. [12]
3. (a) Evaluate **two** strengths of the psychodynamic approach. [6]
(b) Evaluate **two** weaknesses of the psychodynamic approach. [6]
4. **Compare and contrast** the biological and behaviourist approach in terms of similarities and differences. [12]
5. **Explain and evaluate** the methodology used by the cognitive approach. [12]